

# NEW FREE SHIRT



You put in the work to achieve your goals with Beachbody. Now, it's time to reap the rewards. Enter and submit your transformation results into the Beachbody Challenge contest by the end of 2022, and you'll not only have a chance to win big cash prizes, but we'll also send you a **FREE GIFT**.\*

For a limited time, if you enter your results from the new program, Job 1, by March 31, 2022, you'll receive the **FREE JOB 1 SHIRT**.\* Contestants who attribute their results to other Beachbody programs will receive a **FREE "IT'S FOR LIFE" SHIRT**.\*

\*You can only claim one gift at a time, up to a limit of one of each gift, while supplies last.

## SIZE GUIDE

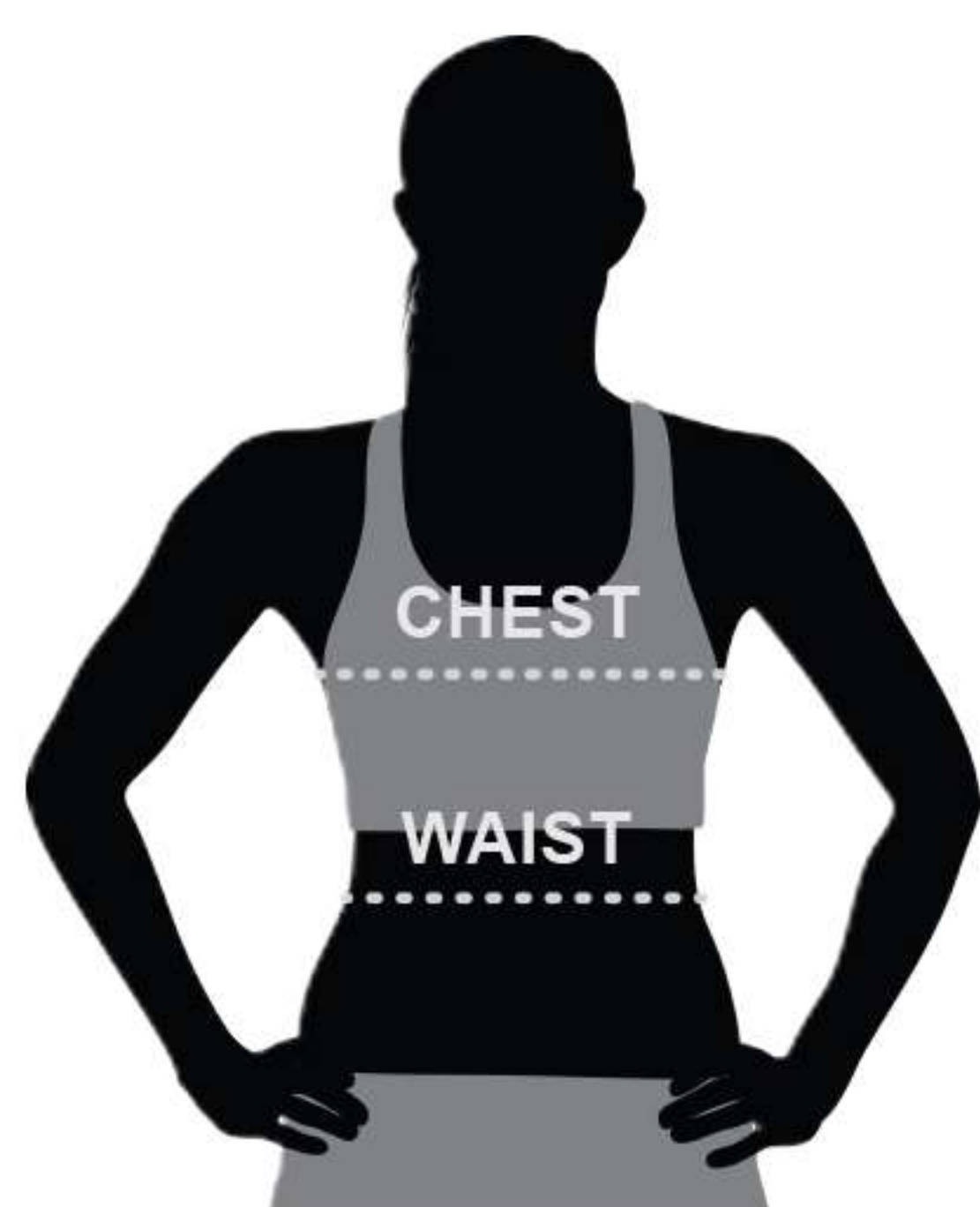
(All measurements are in inches.)

### CHEST

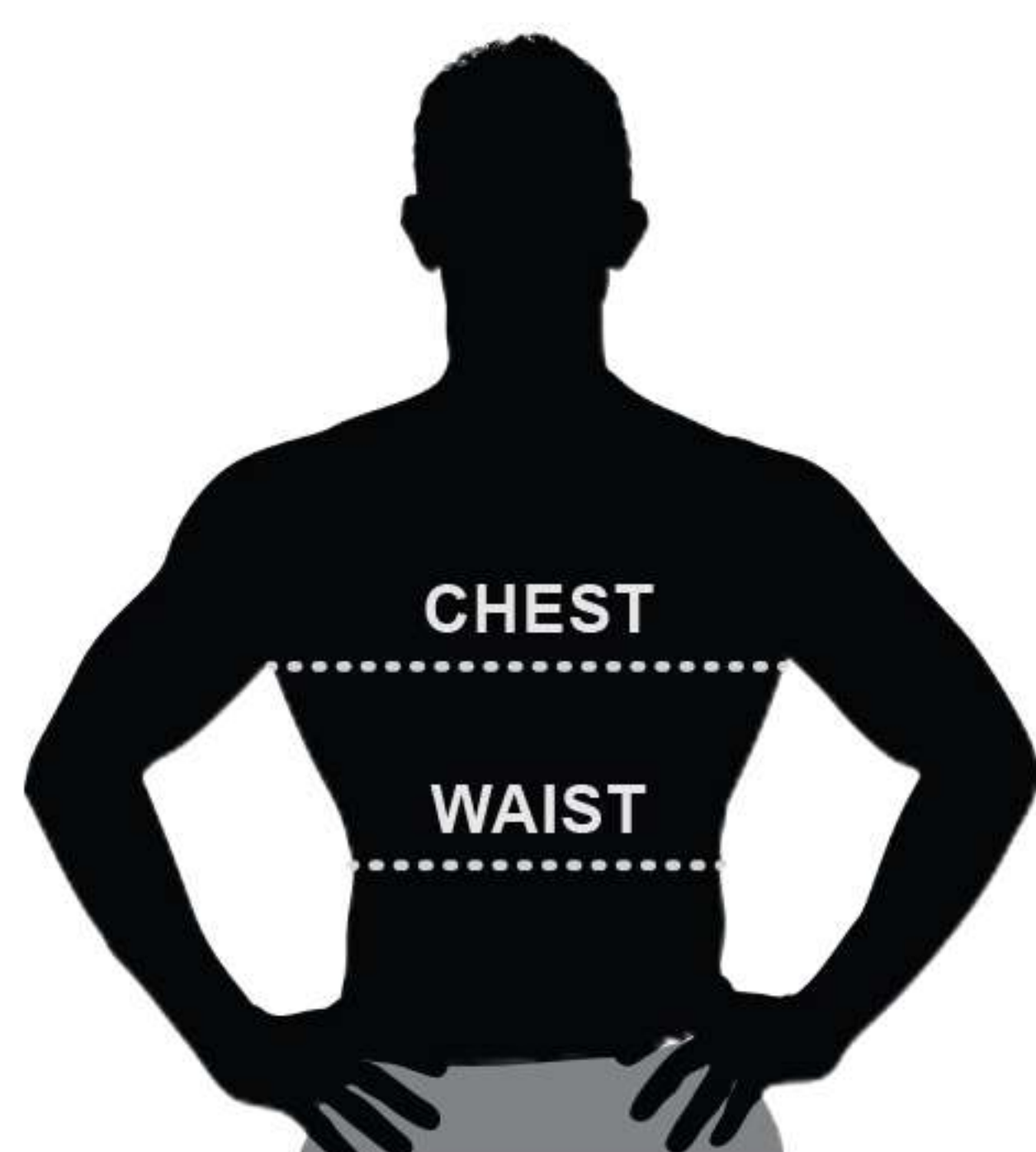
With arms relaxed down at your sides, measure the fullest part of your bust, keeping the measuring tape parallel to the floor.

### WAIST

Measure around your natural waistline, which is the smallest part of your waist.



WOMEN'S SIZES	CHEST	WAIST
S	29 – 32"	23 – 26"
M	32 – 35"	26 – 29"
L	35 – 38"	29 – 32"
XL	38 – 41"	32 – 35"
XXL	41 – 44"	35 – 38"



MEN'S SIZES	CHEST	WAIST
S	35 – 38"	29 – 32"
M	38 – 41"	32 – 35"
L	41 – 44"	35 – 38"
XL	44 – 48"	38 – 42"
XXL	48 – 53"	42 – 46"

\*Free gift available only while supplies last.